

## Noorse GGZ-medewerkers op bezoek ABC

Medewerkers van een rehabilitatie-afdeling uit Bergen (Noorwegen) bezochten 4 november 2009 ABC. Zij kozen voor ABC om meer te weten te komen over moderne behandeling van jongeren met psychoses.

De belangstelling ging daarbij vooral uit naar hoe rehabilitatie in de praktijk wordt gebracht. Het was een vruchtbaar bezoek. De Noren gaven complimenten over de transparante en zelfkritische opstelling van ABC. Daarnaast bleek men vooral geïnteresseerd in de innovaties van ABC, zoals de ervaringsdeskundigen, familiebetrokkenheid en de primaire preventie van psychoses.

Dat de Noren het bezoek op prijs hebben gesteld blijkt uit wel uit onderstaande reactie.

"We must thank you again! Our visit was a great success, and your hospitality was just fantastic!

We had an evaluation yesterday and everyone in our group said the same. It was very inspiring to see how you work, and we got some ideas about changes we want to implement in our work. We plan to use one of our socialworkers as a work and education consular to emphasize the importance of that issue.

We also want to focus more on assessment of our work to show our providers that our work is effective in the sense that it provides a better quality of life for our clients and their relatives.

We are very impressed by the way you include your clients. It is a goal for us also to decrease the gap between "us" as practioners and "them" as clients. We had the impression that you have succeeded very much to do that.

Thanks to everyone who made our stay so pleasant and interesting and many warm greetings from Bergen!!"